

ANNOVERA DISCUSSION GUIDE

Think ANNOVERA may be right for you?

Use this guide to help aid your conversation with your healthcare provider about birth control options. You can print or download it to bring to your next appointment.

What you should know about ANNOVERA before going to your healthcare provider:

ANNOVERA is a contraceptive ring. It's the first and only long-term birth control option that delivers 1 year (13 cycles)* of pregnancy prevention. It's also procedure-free!

Overall, nearly 90% of women in a clinical trial were satisfied with ANNOVERA as a form of contraception. Patients rated ANNOVERA on product characteristics related to ease-of-use (simple insertion, simple removal, simple cleaning), comfort (soft and flexible, not felt while wearing), expulsion (not expelled while wearing or during sex), and physical effects during sexual activity (no change in sexual pleasure or frequency).

*For each cycle, ANNOVERA is inserted and left in place for 21 continuous days and then removed for 7 days.

Questions to ask your healthcare provider:

- I'm looking for a long-lasting, procedure-free, birth control that I don't have to remember to take every day – what are my options?
- Tell me more about the ring. How do I use it?
- Is ANNOVERA easy to insert and remove?
- Can I control my cycle with ANNOVERA?
- Will ANNOVERA affect my period?
- Are there any side effects when taking ANNOVERA?
- How can I be sure ANNOVERA is right for me?



ANNUAL.
COMFORTABLE.
CONTROLLABLE.

Annovera[®]
(segesterone acetate and
ethinyl estradiol vaginal system)
Delivers 0.15 mg/0.013 mg per day

IMPORTANT RISK INFORMATION

- Do not use ANNOVERA if you smoke cigarettes and are over 35 years old. Smoking increases your risk of serious heart and blood vessel (cardiovascular) side effects from hormonal birth control methods, including death from heart attack, blood clots, or stroke. This risk increases with age and the number of cigarettes you smoke.
- ANNOVERA does not protect against HIV infection (AIDS) and other sexually transmitted infections (STIs).

DO NOT USE ANNOVERA IF YOU

- have or have had a blood clot in your arms, legs, lungs, or eyes.
- have had a stroke.
- have reduced blood flow to your brain (cerebrovascular disease).
- have reduced blood flow or blockage in 1 or more of the arteries that supply blood to your heart (coronary artery disease).
- have had a heart attack.
- have heart rhythm or heart valve problems that increase your risk of having blood clots, such as an infection of the inner lining of the heart and heart valves or a type of irregular heartbeat called atrial fibrillation.
- have a problem with your blood that makes it clot more than normal.
- have high blood pressure that is not controlled with medicine or have high blood pressure with blood vessel damage.
- have diabetes and are over 35 years old; have diabetes with high blood pressure or problems with your kidneys, blood vessels, eyes, or nerves; or have had diabetes for longer than 20 years.
- have headaches with changes in vision, numbness or weakness, have migraine headaches with aura, or are over age 35 years old and have any type of migraine headaches.
- have liver disease or liver tumors.
- have or have had breast cancer or any cancer that is sensitive to the female hormones estrogen or progesterone.
- have unexplained vaginal bleeding.
- are allergic to segesterone acetate, ethinyl estradiol, or any of the ingredients in ANNOVERA.
- take any Hepatitis C drug combination medicine containing ombitasvir/paritaprevir/ritonavir, with or without dasabuvir.

WARNINGS

ANNOVERA can cause serious side effects, including: blood clots; toxic shock syndrome (TSS); liver problems, including liver tumors; high blood pressure; gallbladder problems; changes in the sugar and fat (cholesterol and triglycerides) levels in your blood; headache; irregular or unusual vaginal bleeding and spotting between your menstrual periods; depression; possible cancer in your cervix; swelling of your skin especially around your mouth, eyes, and in your throat (angioedema); dark patches of skin on your forehead, cheeks, upper lip, and chin (chloasma). **Call your healthcare provider or get emergency medical care right away if any of these serious side effects occur.**

The most common side effects of ANNOVERA include:

- headache, including migraine
- nausea/vomiting
- vaginal yeast infection (candidiasis)
- lower/upper abdomen pain
- painful periods
- vaginal discharge
- urinary tract infection
- breast pain/tenderness
- irregular vaginal bleeding
- diarrhea
- genital itching

USE

ANNOVERA is a ring-shaped vaginal system with hormones used by females to prevent pregnancy.

ANNOVERA has not been adequately studied in females with a body mass index >29 kg/m².

The risk information provided here is not complete. To learn more, review the ANNOVERA Patient Information and talk with your healthcare provider or pharmacist. The FDA-approved product labeling, including Patient Information, can be found at ANNOVERA.com.

You may report side effects to the FDA at www.fda.gov/medwatch or by calling 1-800-FDA-1088. You may also report side effects to TherapeuticsMD at 1-888-228-0150.

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